

**CURRICULUM VITAE****Of****Ana C. Birkhead MSN, WHNP-BC, PhD****Updated: 4/09****Business Address:**

Brigham Young University  
 College of Nursing  
 532 SWKT  
 Provo, UT 84602  
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**CURRENT POSITION**

Assistant Professor, Brigham Young University, College of Nursing  
 Transfer Faculty, Brigham Young University, Religious Education  
 Faculty Affiliate, Women's Research Institute

**EDUCATIONAL PREPARATION**

<u>Dates</u>	<u>Institution &amp; Location</u>	<u>Degree Conferred</u>
<u>Attended</u>		<u>Title or status</u>
2001- 2007	University of California, San Francisco	PhD
1997 -1999	University of Phoenix	MSN
1994 -1997	University of Phoenix	BSN
1989 -1992	San Jose State University	Women's Health Nurse Practitioner Certificate
1986 -1988	Evergreen Valley College	Registered Nurse

**LICENSES, CERTIFICATIONS, ETC.:**

2006 – Present	National Certification in Women's Health, Certified by National Certification Corporation for the Obstetric, Gynecologic and Neonatal Nursing Specialties
1992 – Present	Women's Health Nurse Practitioner- CA
1996 – Present	Nurse Practitioner Furnishing Number -CA
1991 – Present	Family Planning Nurse Practitioner
1988 – Present	Registered Nurse CA and Utah

**ACADEMIC AND PROFESSIONAL POSITIONS**

2006- Present	Assistant Professor- Brigham Young University Transfer Faculty, Religious Education Faculty Affiliate, Women's Research Institute
2004 -2006	Instructor- Brigham Young University
1997 - 2001	Women's Health Nurse Practitioner - Kaiser Permanente
1994 -1997	Women's Health Nurse Practitioner -CompreCare Health Center
1995 -1997	Clinical Instructor - Education Programs Associates/ San Jose State University
1991 – 1994	Women's Health Nurse Practitioner- Gardner Health Center
1991 - 1989	RN Charge Nurse/Clinic Coordinator, Gardner Health Center
1989 – 1991	RN Health Coordinator/School Nurse- San Juan Bautista Child Development Center
1988 -1989	NICU Nurse - San Jose Medical Center- Nursery

**HONORS AND AWARDS**

2007	Research Mentee Award from National Coalition of Ethnic Minority Nurse Association
2006	UCSF Graduate Dean's Health Science Scholarship Award
2006	Women Health Research Institute Award
2006	National Institute of General Medical Sciences Fellowship
2005	National Institute of General Medical Sciences Fellowship
2004	National Institute of General Medical Sciences Fellowship
2003	National Institute of General Medical Sciences Fellowship
2002	National Institute of General Medical Sciences Fellowship
2001	Faculty Development Grant, Brigham Young University
2001	Graduate Opportunity Fellowship Award, University of California, San Francisco
2000	International Honor Society of Nursing: Sigma Theta Tau, Alpha Eta Chapter.
2000	Outstanding Contributions in High Quality Prescribing, Kaiser Permanente

**MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**

2006 - Present Utah Perinatal Association  
2006 - Present National Coalition of Ethnic Minority Nurse Association  
2004 - Present American Nurses Association  
2004 - Present BYU Faculty Women's Association  
2003 - Present Association of Women's Health, Obstetric, and Neonatal Nursing  
2002 - Present Western Institute of Nursing  
1998 - Present National Association of Nurse Practitioners in Women's Health  
1998 - Present National Association of Hispanic Nurses

**SCIENTIFIC, PROFESSIONAL MEETINGS & WORKSHOPS ATTENDED:**

2008 - National Coalition of Ethnic Minority Nurse Association Conference, San Diego, A  
2007 - National Association of Hispanic Nurses Conference, Industry Hills, CA  
2007 - AACN Faculty Development, Houston, TX  
2007 - National Coalition of Ethnic Minority Nurse Association Conference, San Antonio, TX  
2006 - BYU College of Nursing /Sigma Theta Tau Research Conference  
2006 - Research Intensive Workshop, Arizona State University  
2006 - Utah Perinatal Conference, Utah  
2005 - Western Institute of Nursing, San Francisco, CA  
2005 - BYU College of Nursing /Sigma Theta Tau Research Conference  
2004 - Professionalism Conference, BYU College of Nursing  
2004 - Faculty Development Seminar, BYU  
2003 - Women's Health Update- Harbor-UCLA Women's Health Nurse Practitioner Program  
2002 - Western Institute of Nursing Research Conference, Palm Springs, CA  
2000 - National Clinical Symposium, American College of Nurse Practitioners, CA  
2000 - Practice of Excellence Nurse Practitioner Conference, CA  
2000 - Contraceptive Technology, Issues and Options in Reproductive Health Care, CA  
1999 - National Primary Care Nurse Practitioner Symposium, Keystone, CO  
1997 - National Primary Care Nurse Practitioner Symposium, Keystone, CO

**TEACHING AT BYU COLLEGE OF NURSING**

Fall 2008	N340 Nursing Care of the Childbearing Family N390R Women's Health Care Concepts
Winter 2008	N340 Nursing Care of the Childbearing Family
Fall 2007	N294 Health Assessment and Health Promotion REL A 121 Book of Mormon N340 Nursing Care of the Childbearing Family
Winter 2007	N294 Health Assessment and Health Promotion REL A 122 Book of Mormon
Fall 2006	N294 Health Assessment and Health Promotion REL A 121 Book of Mormon
Winter 2006	REL C 492 The Healer's Art N294 Health Assessment and Health Promotion
Fall 2005	REL C 492 The Healer's Art N294 Health Assessment and Health Promotion
Winter 2005	N294 Health Assessment and Health Promotion N390R Specialty Topics in Nursing
Fall 2004	N340 Nursing Care of the Childbearing Family (orientation with Catherine Coverston) N450R Women's Wellness (orientation with Lynn Callister)

**CITIZENSHIP****National Professional Organization Committee Service**

- 2007 - Present Health for Women, publication for Association of Women' Health, Obstetrics, and Neonatal Nurses (AWHONN), Editorial Advisory Board
- 2003 - 2007 Toda Mujer, Spanish version of Every Woman publication for AWHONN, Editorial board member and translator
- 2003 - 2007 Every Woman, publication for AWHONN, Advisory Board member

**Local and State Professional Committee Service**

- 2009 – Present Utah State Perinatal Task Force advisory board member; Preconception Health Study consultant/facilitator
- 2008 – Present American Heart Association, Utah Office, Volunteer Instructor for Hispanic Heart Health Community Program, “Conozca Su Corazon”
- 2007 - Present Utah Perinatal Association Conference Committee member
- 2003 - 2004 Sigma Theta Tau, Alpha Eta Chapter, Student Representative, Research committee
- 1997 - 2000 National Association of Hispanic Nurses, San José Chapter, President-Elect
- 1998 - 2000 Kaiser Permanente Nurse Practitioner Regional Committee Patient Education sub-committee member

**College of Nursing Activities**

- 2004 - Present - BYU Office of Research and Creative Services, ORCA and Mentoring Grant (MEG) Reviewer; Review of 4-7 grant proposals every Fall
- 2004 - Present Research and Scholarship Committee member, BYU College of Nursing
- 2004 - 2006 Undergraduate Student Affairs Committee member, BYU College of Nursing; Chair of sub-committee for FNP History (2006)
- 2003 - 2004 Chancellor's Public Service Award committee, University of California San Francisco

### **Church Service**

2008 - Present	Ward Language Missionary- Hispanic Initiative, Provo, Utah Mission
2005 - 2007	Relief Society Instructor
2001 - 2004	Relief Society President, Church of Jesus Christ of Latter-Day Saints
1998 - 2001	First Counselor in Relief Society, Church of Jesus Christ of Latter-Day Saints
1994 - 1998	Seminary teacher and coordinator, Church of Jesus Christ of Latter-Day Saints
1992 - 1994	Primary President, Church of Jesus Christ of Latter-Day Saints
1995 – 2008	Volunteer Public Speaker on Women’s Health Topics for LDS Relief Society Organization

### **SCHOLARSHIP**

#### **Research Projects and Activities**

2008 – Present	Pre-Conception Health Beliefs and Practices among Hispanic women Research Study (in process)
2007 - Present	MEG College Grant Research Project. “How are we teaching ‘normal’ birth in undergraduate nursing?” Research Project with 3 RAs (in process)
2007 - Present	Adolescent Pregnancy Research Study with Erin Maughan (in process)
2006 – 2007	Hispanic Labor Initiative Program Outcomes Evaluation Study
2006 - Present	Office of Research and Creative Activity Undergraduate Scholarships Faculty ORCA Mentor (2007)- 2 students (Teresa Paredes, Cora Yoose)
2001 - 2007	PhD Program at University of California, San Francisco, completed 9/07.
2002 - 2003	Pilot Study - “Health Promotion Practices among Reproductive-Age Women.” University of California, San Francisco.
2000 - 2001	Research Assistant, UCSF Research Training Program- Latina Heart Health Research Project, Special Studies Program.

**Invited Lecture, Poster and Podium Presentations**

- 2008 “Factors that influence health promotion practices among immigrant reproductive-age Hispanic women.” **Podium Presentation**. National Coalition of Ethnic Minority Nurses Conference, San Diego, California
- 2007 **Guest Lecturer**, “Factors That Influence Health Promotion Practices Among Immigrant Reproductive-Age Hispanic Women.” Women’s Studies Colloquium, BYU, Provo, Utah
- 2006 “Hispanic Labor Friends: Making a Difference for Immigrant Childbearing Women.” **Poster Presentation** (with Cherie Sharp, Sally Jones, Rebecca Gibby, Cambria Jones, & Lynn Callister), Utah Perinatal Conference; West Jordan, Utah.
- 2004 Mexican immigrant childbearing women: Social support and perinatal outcomes **Poster Presentation** (with Lynn Callister), 27<sup>th</sup> Annual Utah Perinatal Conference; Salt Lake City, Utah
- 2002 “Hormone replacement therapy adherence in Latinas at risk for heart disease.” **Podium Presentation**, with Teresa Juarbe. Western Institute of Nursing Conference, Palm Springs, CA.
- 1999 “Cardiovascular disease risk factors and health education needs of a Latin community.” **Poster Presentation**, Susan R. Gortner Knowledge Development Retreat, University of California San Francisco, School of Nursing.

### Publications

Jones, C., Callister, L.C., **Birkhead, A.**, Sharp, C., Monson, S., & Gibby, R. (2009). Hispanic Labor Friends Initiative: An outcomes evaluation. *MCN: The American Journal of Maternal Child Nursing*, 34(2), 1-7.

Callister, L.C. & **Birkhead, A.** (2008). Mexican immigrant childbearing women: Social support and perinatal outcomes. In D.R. Crane & E. Marshall (Eds). *Families in Poverty: An Interdisciplinary Approach*. Thousand Oaks California: Sage Publications.

Callister, L.C. & **Birkhead, A.** (2005). Mexican immigrant childbearing women: Social support and perinatal outcomes [Abstract]. *38<sup>th</sup> Annual Communicating Nursing Research Conference Proceedings*, 38, 452. San Francisco, California: Western Institute of Nursing.

Callister, L.C. & **Birkhead, A.** (2002). Acculturation and perinatal outcomes in Mexican immigrant childbearing women. *Journal of Perinatal and Neonatal Nursing*, 16(3), 22-38.

### Manuscript in Progress

**Birkhead, A. C.** (2009). Effects of life-long perceived discrimination on health status and health care access among immigrant Hispanic women.

### Manuscripts in Review

**Birkhead, A. C.**, Kennedy, H., Callister, L.C., & Paredes, T. Cultural Adaptation and Health Promotion Practices: The Experiences of Reproductive-Age Immigrant Hispanic Women. *International Hispanic Health Care Journal* (accepted with revisions, February 2009, will resubmit 4/09).

Callister, L.C., **Birkhead, A.**, Vega, R. & Crookston, L.M.R. Perinatal outcomes in Mexican immigrant women giving birth in Utah. *International Nursing Review* (submitted September 2008).